

# Your guide to our end of life care

## What happens now?

When your child needs end of life care, you may choose to have that care with us at Bluebell Wood.

Whether you're coming from hospital, or from home; when you arrive at Bluebell Wood, we'll get you and your child settled into your own bedrooms. Our specialised Care Team will be with you to answer any questions you have.



After your child passes away, we have two end of life apartments, called our Primrose and Forget-me-not suites. These all have a parents' bedroom, a bathroom, a lounge area and small kitchen, and a child's bedroom. They also have separate private outside spaces. You can bring any of your child's bedding, toys or special music from home if you want to.

Our Primrose and Forget-me-not suites mean you can see your child any time you want; day or night.



## Can we have visitors?

You can have as many visitors as you want. You're welcome to have visitors overnight, but please let a member of our Care Team know. Your visitors are welcome to stay for meals; we just need you to give us two hours notice so we can let our chef know.

## How long can we stay?

If you'd like to, you and your child can stay with us until their funeral. Some families stay with us, others go home - it's entirely up to you. Our team can help you with funeral arrangements, and memory making; creating casts and pictures of your child's hand and footprints.

## Our dragonfly garden



Our dragonfly remembrance garden is a quiet and tranquil place to remember your child. Every bereaved family gets a beautifully engraved pebble with their child's name on, and some families choose to leave their pebble in a special spot in the dry riverbed that runs through the garden. Our dragonfly garden is in the grounds of the hospice, but away from the main gardens, and is a peaceful place.

## Our counselling services

Our counsellor, Angie, is highly experienced in bereavement counselling. She manages a team of experienced male and female volunteer counsellors for you to talk to during your time with us. Just ask any of our Care Team and they will be able to make you a referral to Angie at any stage.



## Ongoing support

You can continue to use our services even after you leave Bluebell Wood. Our counsellors can visit you at home or at the hospice, and you can see them for as long as you need. We also run a bereavement group where parents and carers can meet other bereaved families and explore their thoughts and feelings.

